## Roger Kao, M.D. & Scott Levenson, M.D. Digestive Care Medical Center

1000A Laurel Street San Carlos, CA. 94070 (650)596-8800 Fax (650)596-8802 www.digestivecarecenter.com

## **Capsule Endoscopy**

Patient's Name:	
Procedure Location:	1000 Laurel Street San Carlos, CA.
Date:	•
Arrival Time:	
Purpose of Procedure:	To evaluate your small intestine with a vitamin-pill sized video camera.

## Preparation:

Obtain the prescribed 4-liter bottle of PEG 3350 from a pharmacy.

## \*One Day Before:

- 1. After lunch, drink only clear liquids. (black coffee, tea, soda, water, apple juice, white cranberry juice, white grape juice, Gatorade, clear broth, Popsicles, and jello. No red jello).
- 2. Add water to top line of 4-liter bottle, cap bottle, and shake well to dissolve powder.
- 3. At 3pm, begin to drink the 4-liter bottle. Drink one 8-ounce glass every 10 minutes. Finish only ½ of the bottle.
- 4. Nothing to drink after midnight.